

Collegial counselling or intervision

Clarification of roles (5-10 min)

- Case bringer: brings the case
- Facilitator: keeps track of time and ensures that everyone plays their role.
- Counsellor: They discuss and ask questions
- Protocol: one person writes everything down for the case bringer

Phase 1: Presenting, understanding (5-10 min)

Case bringer: Describes the problem/question

All: Questions for better understanding, facilitator guides the conversation (no discussion of solutions)

Case bringer: Further specify answers and situation

Phase 2: Defining the research question/hypotheses (5-10 min)

All except case bringer: Engage with the case, associate (without judging), formulate questions/hypotheses

At the end: Statement of case bringer: What have I "jumped at", possibly reformulate the research question

Phase 3: Consultation: discussion of the approach (15-20 min)

Case bringer takes himself out of the circle, others discuss, and case bringer only listens

All discuss: What methods can be used, what needs to be considered, what stumbling blocks can there be, and how can success be measured? Ideas, literature, own experiences,...

Conclusion (5-10 min)

Case bringer gets protocol, and says what he/she takes away.

Process reflection (5 min)

All: Did the process work, what should we do again next time, and what should we do differently?

Break to refresh for the next case (10 min)

